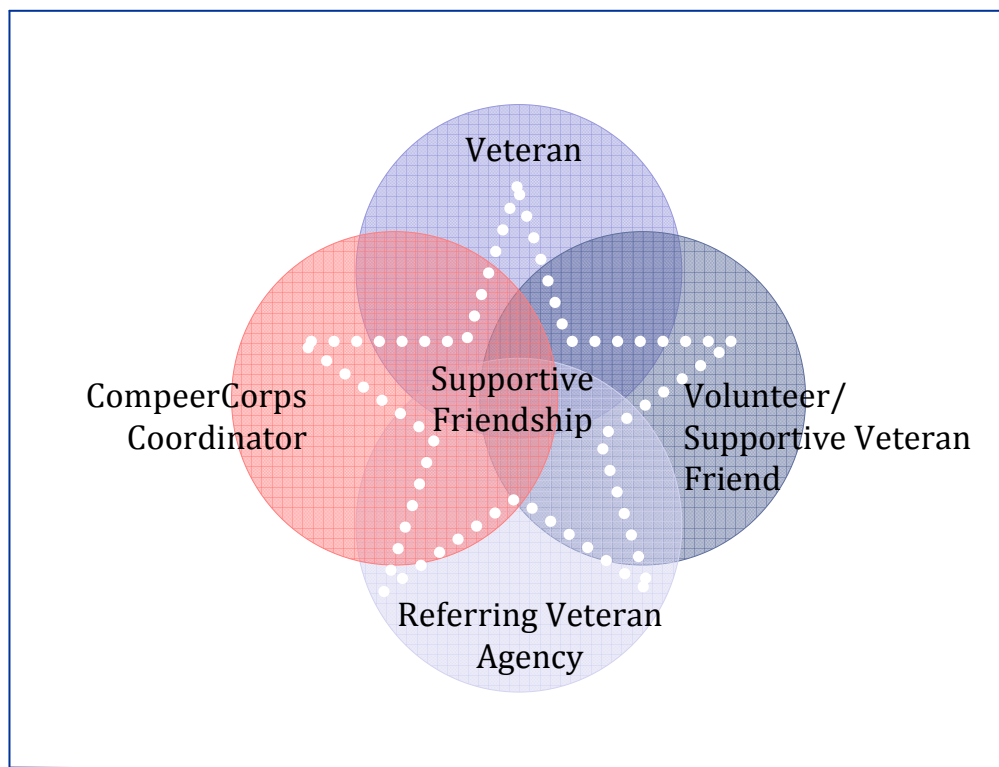




Supportive Friendship Model

The Compeer Model was developed using the three elements of support – relatedness, autonomy, competence. Research done by Richard M. Ryan, et.al., a professor in the Dept. of Clinical and Social Sciences in Psychology at the University of Rochester shows that where these elements are present in relationships, people feel more secure, emotionally open, and enjoy greater well being and mental health.



Who do we serve?

CompeerCorps serves military veterans.

How do we serve them?

CompeerCorps matches newly returned veterans with trained supportive volunteer veterans and community volunteers in one-to-one relationships to provide support, understanding and encouragement outside the mental health system.

What are our outcomes?

Reintegration into family, home and community; social inclusion

- Matched veterans feel connected with others in a meaningful way
- Matched veterans experience enhanced self worth: A Compeer volunteer (supportive friend) engenders acceptance and empathy
- Matched veterans can now experience hope for recovery / reintegration



Making friends. Changing lives.